



TIMETABLE - NORTH SHORE

35 PORANA ROAD, WAIRAU, AUCKLAND 0627

☎ 0210 555 755

✉ info@kumgang.co.nz

🌐 www.kumgang.co.nz

SATURDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9AM						All Ages 9am - 9:50am
10AM						Black Belt 10am - 11:30am
11AM						Instructor Meeting
12PM						Kali 11:50pm - 12:40pm
1PM		Ladies 12:30pm - 1:30pm		Ladies 12:30pm - 1:30pm	Adult 12:30pm - 1:30pm	Demo 12:45pm - 1:45pm
2PM		Core & Balance 1:45pm - 2:30pm		Core & Balance 1:45pm - 2:30pm	Mini Warrior 2pm	Red Belt 1:45pm - 3:15pm
3PM						
4PM	Tiny Warrior 3:40pm - 4:20pm	Tiny Warrior 3:40pm - 4:20pm	Tiny Warrior 3:40pm - 4:20pm	Tiny Warrior 3:40pm - 4:20pm	Tiny Warrior 3:40pm - 4:20pm	
5PM	Warrior 4:30pm - 5:20pm	Warrior (low belt) 4:30pm - 5:20pm	Warrior (low belt) 4:30pm - 5:20pm	Warrior (low belt) 4:30pm - 5:20pm	Warrior 4:30pm - 5:20pm	
6PM		Warrior (high belt) 5:30pm - 6:20pm	Warrior (high belt) 5:30pm - 6:20pm	Warrior (high belt) 5:30pm - 6:20pm		
7PM	Adult 6pm - 7:15pm	Adult 6:30pm - 7:45pm		Adult 6:30pm - 7:45pm		
8PM	Instructor 7:30pm - 8:30pm					



TIMETABLE - MEADOWSBANK

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

3PM

4PM

5PM

6PM

7PM

8PM

ADDRESS:

TAHAPA CRES HALL

22 TAHAPA CRESENT

Warrior 5pm - 5:50pm

Adult

6pm - 7:15pm

ADDRESS:

SCOUT HALL

28C RUTHERFORD TERRACE

Warrior 5pm - 5:50pm

Adult

6pm - 7:15pm